

Regional Center for Dual Career Policies and Advocacy (DC4AC)

A project funded by the European Commission
through the **Erasmus + Sport Program**

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National Institute for Sport Research

who we are

- National Institute for Sport Research is a **unique public institution** and facility in the field of applied research in sport , under the coordination of Ministry of Youth and Sport.
- NISR **primary objective** is sustaining Romanian high performance athletes and sport activities.
- During its long history, the **collaboration** between the institute and Romanian sport federations **was a corner-stone** for many sport medals and titles in European championships, World championships and even Olympics.
- More than **75% of Romanian top athletes** added a new brick in the edifice of their performances by training within our premises, working together with our specialists, for improving their performances.
- Next year we will celebrate our 50th anniversary!



DC4AC Regional Center for Dual Career

facts & numbers



Project funded by the European Commission through the **Erasmus + Sport Program**, action area **Support for Collaborative Partnerships** Grant Agreement 2015-2954



Leader: National Institute for Sport Research (Romania)

Partners: eight entities from 7 countries of the European Community (Romania x2, Hungary, Italy, Greece, Slovakia, Slovenia, Bulgaria)

Budget: 400,000 euros, of which 80% EU funds and 20% co-financing

Duration: January 2016 - June 2017 (18 months)

Purpose : the project is complementary to the European Union's efforts to ensure a **secure future for athletes at the end of their sports career** and aim to facilitate replicating and application of the European Commission guidelines on dual career for talented and elite athletes.



DC4AC Regional Center for Dual Career target groups and beneficiaries

- **talented and elite athletes:** more interested in sport and winning rather than building a smooth transition for the end of their sport career;
- **sports clubs and associations:** lacking awareness, information, education regarding dual career;
- **children and adolescents:** no awareness on side issues of practicing performance sports;
- **parents:** often asking for high level performance from their children and sometimes causing the dropout of young athletes;
- **trainers and coaches:** putting pressure for high results and disregarding the end-of-career issues;
- **education bodies:** to adopt special plans for talented and elite athletes;
- **governing bodies:** to adopt a coherent policy for encouraging young athletes to follow a dual career path.



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6 months results

- Kick-off meeting in Bucharest
- Second project meeting in Budapest
- Translation of EU guide for Dual Career in 7 more languages (Romanian, Greek, Italian, Hungarian, Slovakian, Slovenian, Bulgarian).
 - All translations are to be found on the national dc4ac sites and hundreds of hard copies were distributed by each project partner.
- Unitary questionnaire over the needs and expectations of talented and elite athletes. Final version in English, with the contribution of partners; translations in each participant official language.
 - Questionnaires applied on-line by each partner to up to 200 relevant athletes. Questionnaires to be analyzed by each country partner, with a synthesis offered by the Hungarian partner
- E-learning platform as a support for a pilot project in formatting 20 senior athletes as entrepreneurs.
 - The platform will be fully functional two more years from project end, due to the efforts of the Greek and Romanian partners.



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6 months results

- Dissemination strategy document conceived by the Greek partner
- Project design, objectives and actual results of the project disseminated at 12 different sport events in Hungary, Italy, Slovakia, Bulgaria, Greece and Romania.
- Mass media dissemination:
 - Facebook pages of the project in 4 countries,
 - 3 papers in national sport reviews,
 - one radio interview broadcasted
- Global and National sites of the project (www.dc4ac.eu, www.dc4ac.country)
- Trifolds, flyers, posters distributed by each project partner
- Project promoters for Romania: Romanian feminine fencing team (on board the project since application, in 2015)



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Olympic winners in Rio 2016



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next event

International Conference “Dual Career of Athletes: between expectations and reality”

With the support of Romanian Ministry of Youth and Sport

- **On Dual Career of Athletes at European Level** (Mr. Tibor Kozsla, vice-president of EAS - The Dual Career Network for European Athletes)
- Official opening of the **EDUCATIONAL AND JOB FAIR FOR PERFORMANCE ATHLETES**
- **Resources for performance:** knowledge and technology; 3 key speakers
- **The reality of dual career in Romania through the eyes of today’s athletes:** Ana Maria Popescu, Simona Pop, Simona Gherman, Loredana Dinu (2016 Olympic champions in fencing), Marian Dragulescu (multiple World champion, vice-Olympic champion in artistic gymnastics)
- **Face to face:** athletes, sport organizations, education institution, job market representatives. **A direct debate moderated by athletes.** Key introductory speakers: Ivan Patzaichin – multiple World and Olympic champion in canoeing; Gabriela Szabo – multiple World and Olympic champion in athletics.



DC4AC Regional Center for Dual Career

We are thankful for the opportunity to share with you our project:



- NATIONAL INSTITUTE FOR SPORT RESEARCH (Romania)
- UNIVERSITY OF PHYSICAL EDUCATION IN BUDAPEST (Hungary)
- UNIVERSITÀ CATTOLICA DEL SACRO CUORE (Italy)
- EUROPEAN INSTITUTE FOR LOCAL DEVELOPMENT (Greece)
- CONSTANTINE THE PHILOSOPHER UNIVERSITY IN NITRA (Slovakia)
- UNIVERSITY OF PRIMORSKA, SCIENCE AND RESEARCH CENTRE (Slovenia)
- INVENIO ASSOCIATION (Romania)
- MY WORLD ASSOCIATION (Bulgaria)

